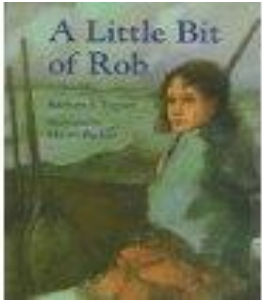


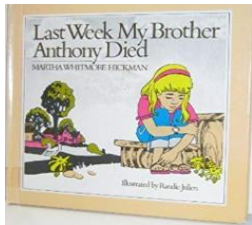
# Loss: Sibling

For Young Children (Ages 4-8)



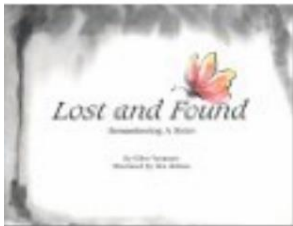
**A Little Bit of Rob**  
Barbara J. Turner  
(Ages 4-8)

Ages 4-8. Following the death of her older brother, Rob, young Lena and her parents attempt to assuage their grief and move on with their lives by going on an overnight crabbing expedition. As they step into their boat and set off to sea, they remember many past excursions shared with Rob. Almost every item on the boat reminds them of him, including his old sweatshirt (still smelling of baseball and outdoors) that Lena dons to keep herself warm. Although they have not yet completed the grieving process, by the story's end, they have progressed to the point of finding comfort in remembering and in sharing memories with each other.



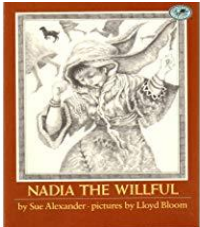
**Last Week My Brother Anthony Died**  
M. W. Hickman  
(Ages 4-8)

A small girl named Julie describes her feelings following the death of her four-week-old baby brother.



**Lost & Found**  
Ellen Yeomans  
(Preschool), 32 pgs.

"We lost Paige. That's what my Grandma said "lost". My Parents said she died. I wondered if I could find her again." So begins the story of one child's search for understanding after the death of her sister. If someone could be "lost" could they also be "found"? Dealing with her own grief and accepting the emotions of those around her this child finds her way toward healing.



**Nadia the Willful**  
Sue Alexander  
(Ages 4-8)

When her favorite brother disappears in the desert forever, Nadia refuses to let him be forgotten, despite her father's bitter decree that his name shall not be uttered.



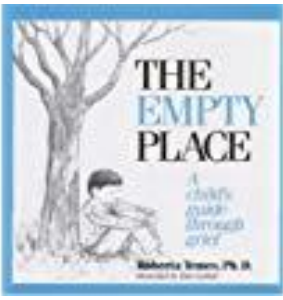
**No New Baby**  
Marilyn Gryte  
(Ages 4-9), 16 pgs.

For siblings who have a brother or sister die before birth. This storybook talks about the different feelings children have and answers some of the most asked questions. Recently revised, includes a section for parents and grandparents.



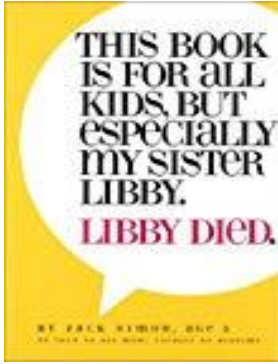
**Stacy Had a Little Sister**  
Wendle C. Old  
(Ages 4-8)

When Stacy's baby sister is a victim of Sudden Infant Death Syndrome, her parents are faced with explaining the tragedy to her. The story does a competent job of anticipating the fears and concerns of a young child and of providing comfort and reassurance. Particularly well presented are the themes of jealousy upon the infant's arrival and feelings of guilt in the aftermath of her death. The watercolor illustrations are serviceable and help to convey the family's emotions. A note to parents gives some facts about SIDS and an address to write to for more information.



**The Empty Place**  
Roberta Ternes  
(Ages 4-8), 42 pgs.

When a nine-year-old boy's beloved big sister dies, he is confused, angry and fearful. For the first time he must face the finality of death and the pain of loss. His parents, also grieving, seem distant, until a counselor teaches them all how to cope and heal.



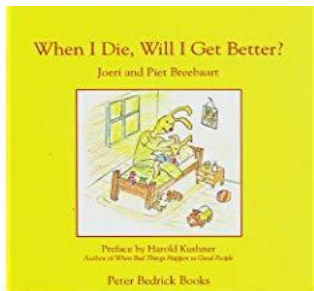
**This Book is for All Kids, But Especially My Sister Libby. Libby Died.**  
Jack Simon, Age 5  
(Ages 4-9)

Jack Simon was five years old when his sister, Libby, died. She'd been born with a rare disorder and wasn't expected to survive six months. But she lived three and a half years, giving Jack plenty of time to get to know her. When she died, Jack struggled to understand how God could take away his little sister. Everyone experiences grief, but children express it differently. Afraid to ask questions that might make someone sadder, children often keep their sorrow locked inside. Jack's mom, Annette, encouraged her son to talk about his pain, and she insightfully began a diary. Jack's questions eventually became the picture book This Book Is for All Kids, but Especially My Sister Libby. Libby Died.




**We Were Going to Have a Baby, But We Had an Angel Instead**  
Taylor Bills  
(Ages 4-8), 24 pgs.

This book is simply written and perfect for the preschool child to understand the death of a baby before birth. The illustrations are magnificent and capture the preciousness of life. It takes such a difficult topic and puts it in words (and beautiful illustrations) that children can understand




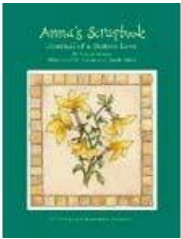
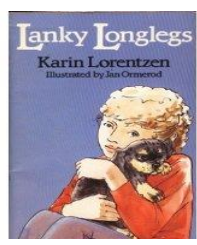
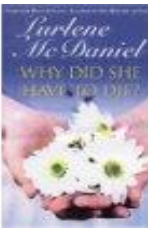
**When I Die, Will I Get Better?**  
Joeri and Piet Breebart  
(Ages 4-9)

Fred and Joe are rabbit brothers who live happily in their home at the edge of the wood, until one morning Joe does not get out of bed. At first Doctor Owl thinks he can cure him, but the little rabbit dies. The rest of the story tells how the neighbors help prepare for the burial, how Fred puts his brother's favorite books and toy into the coffin, and promises to play in the field close to the grave every day. After the funeral, Fred wants to be alone and is very angry; but gradually he and his parents, with the loving support of their friends, begin to feel better. Eventually the boy is able to laugh and play again

	<p><b>Where's Jess?</b> Marv S. Johnson &amp; Joy K. Johnson (Ages 4-8), 24 pgs.</p>	<p>Illustrated by Paris Sieff, age 8. Simple and easy for children to understand. For siblings who have experienced and infant death, and a parents explanation of what death is.</p>
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## Loss: Sibling


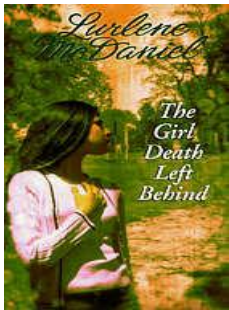
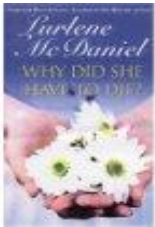
For Children (Ages 9-12)

	<p><b>A Birthday Present for Daniel</b> Juliet Rothman (Ages 9-12), 41 pgs.</p>	<p>A young girl whose brother has died describes how she feels and tells about some of the things her family does to help them accept his death.</p>
	<p><b>Anna's Scrapbook: Journal of a Sister's Love</b> Susan Aitken (Ages 8-14)</p>	<p>When her beloved baby sister dies suddenly, nine-year-old Anna keeps a journal of her feelings and makes a scrapbook of photographs and other reminders. Includes blank pages for making one's own scrapbook.</p>
	<p><b>Lanky Longlegs</b> Karen Lorentzen (Ages 9-12)</p>	<p>Nine-year-old Di, while busy taking care of her dog's first litter of puppies, must face, along with her parents, the knowledge that her small brother will not live much longer.</p>
	<p><b>Why Did She Have to Die?</b> Lurlene McDaniel (Ages 8-18), 126 pgs.</p>	<p>This book teaches that it's not the end of the world if some one close to us dies. An example is when Elly finds out her sister died, she was mad because her parents lied to her. Elly's parents had the funeral while she was still in a coma, after the car accident.</p>

## Loss: Sibling


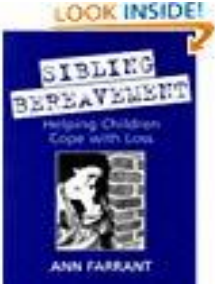
For Teens (Ages 13-18+)

	<p><b>Blue Eyes Better</b> Ruth Wallace- Brodeur (Teens), 112 pgs.</p>	<p>Written with quiet intensity, this beautiful and spare novel examines what happens to Tessa's family after her fifteen-year-old brother is killed in a drunk-driving accident. Set adrift, Tessa is forced to find a way to keep going . . . even as her mother drifts further and further from her. Like Getting Near to Baby, this is an unstinting, compassionate, and deceptively plain story of a damaged family forging a way out of its grief</p>
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	<p><b>Recovering from the Loss of a Sibling</b> Katherine Fair Donnelly (Ages 12-Adult), 264 pgs.</p>	<p>A book of hope and healing, <i>Recovering From the Loss of a Sibling</i> is the first book for those who have experienced the death of a brother or sister. It addresses the many questions, fears and feelings of surviving siblings of all ages, such as: Will this soon happen to me?, It should have been me. Why wasn't it? God must have punished me for the time when I was so mean to my brother. My sister was my parents' favorite and I don't seem to count to them.</p>
	<p><b>The Girl Death Left Behind</b> Lurlene McDaniel (Teens), 192 pgs.</p>	<p>Fourteen-year-old Beth must face adult-sized dilemmas when a car accident claims the lives of her immediate family. Within a few hours, she faces a new family, new house, and a new school. Living with her spoiled cousin only adds to her despair. This story charts the efforts of Beth's caring Aunt Camille and Uncle Jack as they help her through the worst time of her life. Always on the brink of tears, Beth finds the strength of character to make new friends and touch the lives of those around her.</p>
	<p><b>Why Did She Have to Die?</b> Lurlene McDaniel (Ages 8-18), 126 pgs.</p>	<p>This book teaches that it's not the end of the world if some one close to us dies. An example is when Elly finds out her sister died, she was mad because her parents lied to her. Elly's parents had the funeral while she was still in a coma, after the car accident.</p>

## Loss: Sibling

### For Adults (Ages 18+)

	<p><b>Recovering from the Loss of a Sibling</b> Katherine Fair Donnelly (Ages 12-Adult), 264 pgs.</p>	<p>A book of hope and healing, <i>Recovering From the Loss of a Sibling</i> is the first book for those who have experienced the death of a brother or sister. It addresses the many questions, fears and feelings of surviving siblings of all ages, such as: Will this soon happen to me?, It should have been me. Why wasn't it? God must have punished me for the time when I was so mean to my brother. My sister was my parents' favorite and I don't seem to count to them.</p>
	<p><b>Sibling Bereavement: Helping Children Cope with Loss</b> Ann Farrand (Adults), 160 pgs.</p>	<p>The effect of losing a brother or sister can result in severe emotional trauma for a child. The author of this text believes there is no "right" way for parents to behave towards surviving children - each family, each death, each survivor is different. The book allows victims of sibling bereavement to tell their own stories and share their own conclusions about the experience, seeking to provide enlightenment on this emotional subject.</p>

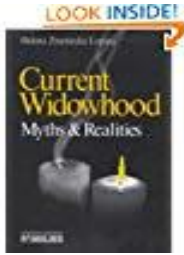
# Loss: Spouse

For Adults (Ages 18+)



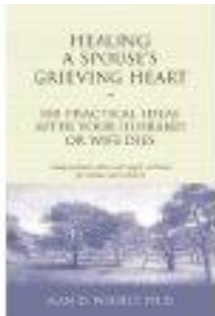
**A Time To Say Goodbye**  
Mary McClure Goulding  
(Adults), 140 pgs.

This book is for anyone who has experienced loss and must learn how to enjoy a rich, full life. The autobiography was written by a psychotherapist dealing with the loss of her husband and it reminds us to treasure those partners who are still living. Declaring that life can be full and rich at any age, this is an intimate description of loss, grief, and recovery.



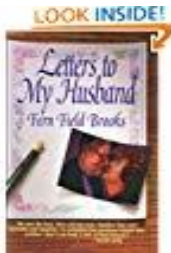
**Current Widowhood: Myths & Realities**  
Helena Znaniecka Lopata  
(Adults), 222 pgs.

This book should be read by all those coping with widowhood; those studying gender, aging, or social roles; and those providing services to widows.



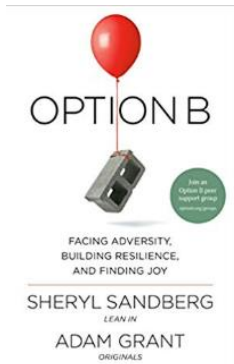
**Healing a Spouse's Grieving Heart: 100 Practical Ideas After Your Husband or Wife Dies**  
Alan D. Wolfelt  
(Adults), 128 pgs.

Helping widows and widowers learn how to cope with the grief of losing their helpmate, their lover, and perhaps their financial provider, this guide shows them how to find continued meaning in life when doing so seems difficult. Bereaved spouses will find advice on when and how to dispose of their mate's belongings, dealing with their children, and redefining their role with friends and family. Suggestions are provided for elderly mourners, young widows and widowers, unmarried lovers, and same-sex partners. The information and comfort offered apply to individuals whose spouse died recently or long ago.



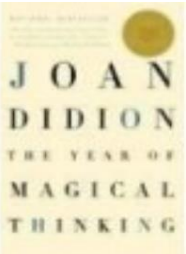
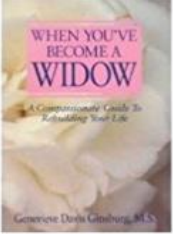
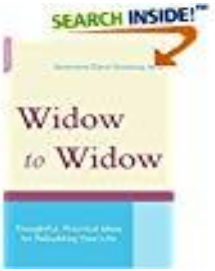
**Letters to My Husband**  
Fern Field Brooks  
(Adults), 288 pgs

Thus begins Fern Field Brooks' odyssey through the first year of mourning for her beloved husband, Norman Brooks. 'Letters to My Husband' is the ultimate result of her touching, heartrending, yet often humorous journey, which offers comfort and inspiration to anyone who has suffered the loss of a loved one.



**Option B: Facing Adversity, Building Resistance and Finding Joy**  
Sheryl Sandberg & Adam Grant  
(Adults), 240 pgs

Option B combines Sheryl's personal insights with Adam's eye-opening research on finding strength in the face of adversity. Beginning with the gut-wrenching moment when she finds her husband, Dave Goldberg, collapsed on a gym floor, Sheryl opens up her heart—and her journal—to describe the acute grief and isolation she felt in the wake of his death. But Option B goes beyond Sheryl's loss to explore how a broad range of people have overcome hardships including illness, job loss, sexual assault, natural disasters, and the violence of war. Their stories reveal the capacity of the human spirit to persevere . . . and to rediscover joy.

	<p><b>The Year of Magical Thinking</b> Joan Didion (Adults), 240 pgs.</p>	<p>Didion's husband, the writer John Gregory Dunne, died of a heart attack, just after they had returned from the hospital where their only child, Quintana, was lying in a coma. This book is a memoir of Dunne's death, Quintana's illness, and Didion's efforts to make sense of a time when nothing made sense.</p>
	<p><b>When You've Become a Widow</b> Genevieve Davis Ginsburg (Adults), 224 pgs.</p>	<p>A compassionate guide to rebuilding your life after the death of your spouse.</p>
	<p><b>Widow to Widow</b> Genevieve Davis Ginsburg (Adults), 240 pgs.</p>	<p>In this remarkably useful guide, widow, author, and therapist Genevieve Davis Ginsburg offers fellow widows-as well as their family and friends-sage advice for coping with the loss of a husband. From learning to travel and eat alone to creating new routines to surviving the holidays and anniversaries that reopen emotional wounds, Widow to Widow walks readers through the challenges of widowhood and encourages them on their path to building a new life.</p>