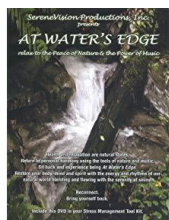


Video (VHS/DVD) & Audio

*Noted if age specific



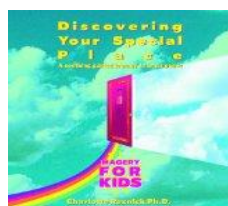
At Waters Edge
Serene Vision
Publishing
DVD

Relax to the Peace of Nature & the Power of Music. At Water's Edge DVD gives the viewer 30 minutes of relaxation with six different water's edge. Composer/musician, James T. McGee, blends the images with the resonance and rhythm of piano, sax, flute and guitar. Can be set for continuous play, easily used on computers, portable DVD players, or any television screen, displaying optimally on widescreen.



Coping with the Holidays
Kathleen Braza-Host
(Adults), DVD

This is a solid presentation of time-tested healing techniques and emotional adjustment activities, all designed to help the bereaved at difficult holiday times. It explains the natural reactions to grief and what others can say or do to help turn holiday traditions from a time of sadness and loneliness into healing rituals.



Discovering Your Special Place
Charlotte Reznick
(Ages 4+), CD

Charlotte Reznick expresses herself in a way that makes the listener feel very special and cared for. Her ... words and imagery provide a backdrop of shelter and safety where nothing else intrudes ... and no matter if you are a child or grownup, a space is created where you can truly let down and relax you mind and body. - Senior Editor, CNE Magazine



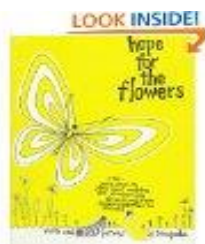
Healing Patch DVD

Explains the Healing Patch Children's Grief Program through interviews with families who have benefitted.






Helping Children Grieve
Khris Ford & Paula
D'arcy
(All Ages), DVD

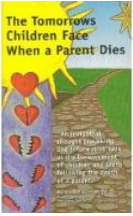

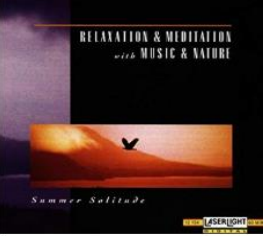


This profound new video resource offers helpful information to adults (parents, caregivers, professionals) on how to help children of all ages grieve with hope and heart. You will meet two experts: Khris Ford and Paula D'Arcy, whose personal experiences with death give them intimate knowledge and compassion. And you will meet others who are now in the process of helping their children through grief. Topics covered include: • Differences between how adults and children grieve. • How a parent can grieve and still help a child to grieve. • Three common feelings expressed by all grieving children. • How to be authentic and tell children the truth about death.



Hope for the Flowers
Trina Paulus
(Ages 13+), Cassette

Audio Cassette accompanies this paperback book. It is a very simple story of life, death, goals, alternatives, anxiety, hope, and becoming which can be used by students on many levels.

	<p>Indigo Ocean Dreams: Relaxation & Stress Management Lori Lite (Ages 9-12), CD</p>	<p>Indigo Ocean Dreams is a 60 minute audio/CD designed to entertain your child in an ocean setting while introducing them to four research-based, stress management techniques. Each story integrates either progressive muscular relaxation, visualizations, breathing, and affirmations (positive statements).</p>
	<p>Light a Candle & Songs of Remembrance CD, 33 minutes</p>	<p>Vocal and instrumental versions of 4 songs created especially for ritual remembrances such as candle lighting ceremonies, (Light A Candle), Christmas ornament memorials and tree plantings (Tree of Memory), memory walks, (Walk To Remember), and balloon releases (Pretty Balloon). Instrumental versions can be used as background music during times of quiet reflection or as gentle accompaniment for your own soloist or choir during ritual services. Written words to all songs are included.</p>
	<p>Magic Island: Guided Meditation for Kids Betty Mehling (Ages 5-12), CD</p>	<p>This delightful kids meditation CD offers powerfully effective guided imagery and relaxation techniques for kids, ages 5-12, and is especially helpful for boosting confidence and restful sleep. Kids who are feeling stressed or overwhelmed at home, at school or at play will find relief and comfort from repeated listening to this beautifully produced, holistic, mind-body audio program.</p>
	<p>Talk, Listen, Connect: Helping Families During Deployment, Homecomings, and Change Sesame Street (Ages 4-8), DVD included</p>	<p>A great tool for helping little ones understand the separation process families encounter when one of the parents is absent for an extended period of time.</p>
	<p>The Art of Listening in a Healing Way Willowgreen Publishing DVD, 45 minutes</p>	<p>Jim Miller's narration describes what healing listening is, how it differs from other kinds of listening, then offers a series of principles that underlie it, grouped in four categories: before you start, as you begin, as you proceed, and when you conclude. You may use this video in its entirety, section by section, or principle by principle. Photography of flowers in nature helps illustrate all the ideas. The video shares much with the book of the same title, yet has its differences too—one complements the other.</p>
	<p>The Shattered Dimension Beryl Glover & Glenda Stansbury DVD, 40 minutes</p>	<p>This DVD presentation covers many of the emotions and reactions one will have after a loved one completes suicide. Beryl Glover, Author of The Empty Chair, who has experienced the deaths of her brother and daughter by suicide, and Glenda Stansbury of In-Sight Books, visit about many of the complex issues a suicide survivor encounters.</p>

	<p>The Tomorrows Children Face When a Parent Dies Donna Schuurman DVD, 47 minutes</p>	<p>“A thought provoking and informative look at the bereavement of children and teens following the death of a parent”.</p>
	<p>Rainbow Wings Jan Kinney CD</p>	
	<p>Summer Solitude: Relaxation & Meditation with Music & Nature CD</p>	<p>Relaxation and medication with music and nature.</p>
	<p>Tales from the Green Hills Jan Kinney CD</p>	
	<p>What About Me? VHS, 18 minutes</p>	<p>A multicultural video highlighting 11 boys and girls, ages 4-14. These children discuss their own grief experiences due to the death or chronic illness of a sibling, parent, or grandparent, allowing other children to know that they are not alone.</p>
		<p>Page 100</p>