



YOUR GIFTS at WORK

AWARDED MISSION GRANTS
2016-2017



THANK YOU FOR YOUR SUPPORT!

EVERY GIFT HAS A FACE, A STORY, A PURPOSE.

Your support has allowed \$161,640 to be awarded to HNA programs and services through 28 Foundation Mission Grants directly impacting our patients, clients, families, and communities in fiscal year 2016-2017.

Many of these grants provide vital resources, such as medications or access to behavioral healthcare, for those who cannot afford it. Since 2005, more than \$1.5 million has been distributed through the HNA Foundation to make a difference in the quality of life for more than 23,000+ people in our local community.

This report demonstrates how your gift to Home Nursing Agency benefits all programs and services. The highlighted program stories are gathered from grant-required outcome reports and emphasize how some programs' art projects truly make "an impact and a difference". While art may be considered a luxury for some, these special offerings have proven to be so much more:

- the key to connection for an Adult Day Services member who suffers from Alzheimer's
- a safe and creative outlet for the clients of Behavioral Services to convey their emotions
- expression and normalcy for the cognitively and physically challenged members at the Adult Center for Exceptional Learning

"Your Gifts At Work" report demonstrates the scope of our community's need, the power behind every contribution, and the hope that together we are improving the quality of life. For a detailed listing of 2016-2017 Foundation Mission Grants, please visit www.homenursingagency.com, *How You Can Help* tab.



AWARDED MISSION GRANTS 2016-2017

HOSPICE

Serving people with life-limiting illnesses and their caregivers by addressing one's physical, emotional, and mental health needs

\$16,500 to fund the following:

- patients' emergency funding for utilities, food, medications, and other essential items such as bed sheets and pillows
- booklets to educate caregivers about what to expect during the stages of dying and education binders to address symptom management
- stationery and other items for providing extended support to bereaved family members after the patient's passing

HEALING PATCH

Providing free services for grieving children and their families at two locations, schools, and throughout the community

\$30,000 to support the program's overhead costs and cover the expenses for facilitation of in-school groups for children without access to the Healing Patch centers or other grief resources

HOME HEALTH

Specialized care including nursing and therapy after an injury, illness, or surgery impacting the quality of one's life

\$4,000 to support emergency funding of essential items for patients, such as nutritional supplements, medications, and one-time funding for utility or fuel costs

PEDIATRIC HOME CONNECTION

Caring for medically fragile children who are technology-dependent or dealing with chronic and life-limiting conditions

\$2,500 to cover additional shifts of nursing care for family respite and therapeutic items that support the child's comfort and education

ADULT DAY SERVICES

Day program for seniors who cannot remain safely at home alone and can benefit from daily supervision, social interaction, and clinical oversight

\$8,800 to assist with funding for those who could not otherwise pay for services, and to support the involvement of local artists that will allow members to interact with various art forms, including drama and painting

ACEL (Adult Center for Exceptional Learning)

Day program for adults with physical and intellectual disabilities

\$3,800 to support the involvement of local artists that will allow clients to improve their quality of life through art, dance, and music

FIRE SAFETY PROJECT

Mutli-program effort

\$2,700 to provide smoke detectors for an estimated 300+ families identified to be at risk

OPPORTUNITY CLUB

Community effort providing a stress-free, stigma-free atmosphere for adults who are diagnosed with a mental illness or co-occurring disorder

\$2,000 to support community activities that allow for peer-to-peer interaction

LEXINGTON HOUSE

Psychiatric rehabilitation program (Clubhouse) providing meaningful work opportunities for mental health clients

\$2,040 to support a wellness movement among Clubhouse members including memberships at a local gym and healthier food options in the Clubhouse Snack Shack outfitted with equipment donated by Sheetz, Inc. that is open to all members

NURSE-FAMILY PARTNERSHIP®

Transforming the lives of first-time income-eligible mothers in seven counties

\$15,000 to support the program's overhead costs and help meet the required 10% match of a Department of Public Welfare Office of Child Development grant

ADULT BEHAVIORAL HEALTH SERVICES

Treating adults diagnosed with mental health disorder or co-occurring disorder

\$33,800 to provide the following:

- treatment through Center for Counseling or Drug & Alcohol Program for those who could not otherwise pay for services due to lack of insurance or high co-pays/deductibles
- funding for unexpected emergencies, household/personal hygiene products, clothing, and bus passes for clients to travel to program sites for services
- art therapy supplies, such as paints and clay, for creative expression and release

CHILDREN'S BEHAVIORAL HEALTH SERVICES

Serving children and adolescents who are diagnosed with a mental illness, such as post-traumatic stress disorder (PTSD), bipolar disorder, and attention deficit hyperactivity disorder (ADHD)

\$20,000 to provide the following:

- personal/hygiene products and other essential items for children and their families receiving mental health services
- access to community and school-based activities to promote active participation and positive interaction with others
- incentive prizes to reinforce positive behaviors through a rewards system
- financial assistance with travel/lodging expenses and gas cards for families whose children have critical medical needs and require out-of-area medical treatment

EARLY INTERVENTION

Therapy-based program to help children ages 0-3 who are experiencing developmental delays

\$2,500 to provide the following:

- feeding equipment, communication boards, developmental/therapeutic materials
- creation of a free play group for Early Intervention toddlers and parents

ADULT DAY SERVICES

Music Brings Life for Member with Alzheimer's

After storyteller Jan Kinney made her rounds at the Bedford and Ebensburg Adult Day Services centers, she reflected on her time with a member at Bedford who has Alzheimer's disease. "Every now and then something happens that makes my heart sing." Jan recounts. **"Probably the most dramatic experience was the smallest."**

"The member is non-verbal and spends her time staring into space. She rarely moves and cannot get out of her chair without assistance. After several days she started to become animated when she heard 'A rum tum tum' (my beginning song). Sometimes she clapped along with some of the songs; she moved a little to 'A rum tum tum.' It almost seemed as if she was trying to do the movements. On the next to last day, she said, 'that's me.' I never heard her speak before or saw her speaking with the staff or other members. On the last day she smiled at me and winked as I tapped her hand in rhythm. It was almost as if the person who used to live inside her head was looking out the windows of her eyes and acknowledging me."





CENTER FOR COUNSELING

Art Tells Stories of Transformation

For individuals undergoing mental health treatment, Art Therapy allows for a creative process to explore feelings, reconcile emotional conflicts, and foster self-awareness.

"There are countless individuals who would not be able to process their trauma without the resources of this program," explains Trista Conway, HNA Mental Health Counselor who leads Art Therapy. "Our individuals, through art, experience their feelings of rage, sadness, loneliness, darkness, and resentment in a safe/non-threatening way for the first time. The transformation in their art tells a story as we see a progression in each art piece."

Through the expression of their thoughts and emotions in a safe way, "individuals achieve happiness and growth in their recovery process". Another unexpected benefit is increased confidence, as artists share their works with other clients and the public at an annual art show.

ADULT CENTER FOR EXCEPTIONAL LEARNING

Art Gives Disabled Members Creative Outlet

People attending the ACEL program are like art students in any other class; they love to explore new textures, use different mediums like clay, paint, and colored pencils.

But many of them arrive at the ACEL center in wheelchairs, because they have significant physical challenges, often accompanied with mental impairments. However, as professional artist Terry Johnson discovered when she first met the individuals in the ACEL program, that's not how they define themselves.

"At first, I felt sorry for them," she said, "but that's not their experience. Their experience is, 'This is my life. And I like to color.'"

One of her students is Janette "Netti" Babiak. Netti is the artist who is always gifting her finished pieces to others. In a local art exhibit, Netti had several works, some that she named for the seasons, and another called "Bubbles." Netti likes to color and reports that her favorite color is pink. **Netti shares the joy of her artwork, as she is often coloring pictures to give them to visitors.**



FOUNDATION

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To make a gift today, please call or go online:

1.855.GIVE.HNA (1.855.448.3462)

www.homenursingagency.com

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