



YOUR GIFTS at WORK

AWARDED
MISSION GRANTS
2017-2018



UPMC
LIFE CHANGING MEDICINE

THANK YOU FOR YOUR SUPPORT!

YOUR GIFT LENDS A HELPING HAND.

Life is a balance. The balance in our lives can shift quickly when we face a challenge with our physical, emotional, or mental well-being - or when a loved one is dealing with a chronic and/or life-limiting illness.

*Your support allows Home Nursing Agency to give the helping hand that individuals and families in our community need to get through the difficult seasons of life. This year, **\$147,840 of your support** is being used to directly impact patients, clients, families, and communities through 34 grants to HNA programs and services.*

*Many of these grants provide vital resources, such as medications or access to behavioral healthcare, for those who cannot otherwise afford it. Since 2005, more than **\$1.6 million** has been awarded through the HNA Foundation. These funds directly affect the lives of more than 23,000 people Home Nursing Agency serves each year.*

This report demonstrates how your gift to Home Nursing Agency makes a profound difference in the lives of those in various stages of life. The highlighted program stories are gathered from grant-required outcome reports and emphasize how donations are used to improve wellness in all facets:

- *peace of mind for hospice caregivers who are juggling the intensive care needs of a loved one and their own responsibilities*
- *respite care for families whose medically fragile children need around-the-clock care*
- *gym memberships for clients seeking improved mental and physical health*

"Your Gifts At Work" demonstrates the scope of our community's need, the power behind every contribution, and the hope that together we are improving the quality of life. For a detailed listing of 2017-2018 Foundation Mission Grants, please visit www.homenursingagency.com, How You Can Help tab.

FAMILY HOSPICE

Monitors Give Peace of Mind for Caregivers

As our Family Hospice caregivers have the physically and emotionally demanding role of caring for their loved ones, they are stretched in every direction and frequently unable to take care of themselves. Social Worker Shannon Chille shares a recent experience supporting a husband who was the full-time caregiver for his wife, who was a Family Hospice patient.

"They slept in different rooms, but the husband was always up at night because he was worried that his wife would fall or was restless because she was in pain," Shannon says. With **your support funding the purchase of a baby monitoring system**, the husband was able to rest peacefully at night. "He could relax and let himself sleep knowing that he would be able to hear if his wife needed him."

During the day, he was also able to utilize the monitor to tend to their garden and remain connected to his beloved wife.

"Gardening was a stress-reliever, and he could once again enjoy it and have peace of mind that his wife was safe," Shannon explained. "It is a gift for hospice caregivers to be able to care for themselves during this difficult journey."

Pictured are Shannon Chille, Social Worker, and Serena Frew, Family Hospice Professional Staff Nurse, showing a new monitor purchased with a Foundation Mission Grant.



AWARDED MISSION GRANTS 2017/2018

FAMILY HOSPICE & PALLIATIVE CARE

Serving people with life-limiting illnesses and their caregivers by addressing one's physical, emotional, and mental health needs

\$17,100 to fund the following:

- patients' emergency funding for utilities, food, medications, and other essential items such as bed sheets and pillows
- educational materials for both patients and caregivers about what to expect during the hospice journey
- stationery and other items for providing extended support to bereaved family members after the patient's passing
- life enrichment opportunities for patients, like an anniversary meal for a patient and spouse or a television for a patient with no other means of entertainment
- recognition of volunteers for their gifts of time and presence to support patients and caregivers

HEALING PATCH

Providing free services for grieving children and their families at two locations, schools, and throughout the community

\$30,000 to fund family group sessions and facilitation of in-school groups for children who do not have access to family groups or other grief resources

HOME HEALTH

Specialized care including nursing and therapy after an injury, illness, or surgery impacting the quality of one's life

\$6,000 to support emergency funding of essential items for patients, such as nutritional supplements, medications, and one-time funding for utility or fuel costs, and educational materials to promote patients' self-management

PEDIATRIC HOME CONNECTION

Caring for medically fragile children who are technology-dependent or dealing with chronic and life-limiting conditions

\$3,500 to cover additional shifts of nursing care for family respite and therapeutic items, such as special cribs and high chairs, that support the child's comfort and education

ADULT DAY SERVICES

Day program for seniors who cannot remain safely at home alone and can benefit from daily supervision, social interaction, and clinical oversight

\$13,800 to assist with funding for those who could not otherwise pay for services, and to support the involvement of local artists that will allow members to interact with various art forms, including drama and painting

ACEL (Adult Center for Exceptional Learning)

Day program for adults with physical and intellectual disabilities

\$3,800 to support the involvement of local artists that will allow clients to improve their quality of life through art, dance, and music

AIDS INTERVENTION PROJECT (AIP)

Supportive program and case management for adults with HIV/AIDS

\$3,000 to assist with transportation, utilities, and personal/hygiene products for individuals affected by HIV/AIDS and living below the poverty level

OPPORTUNITY CLUB

Community effort providing a stress-free, stigma-free atmosphere for adults who are diagnosed with a mental illness or co-occurring disorder

\$2,000 to support community activities that allow for peer-to-peer interaction



PEDIATRIC HOME CONNECTION

Respite Funding Allows Father to Take Care of Himself

With multiple chronic diagnoses, including a seizure disorder, ten-year-old Kayda Hinsch requires monitoring around the clock.

When her primary caregivers - her dad Dave and grandmother - have their own life responsibilities, they have to consider who watches over Kayda in their absence. As insurance covers nursing care only through the day while Dave is working, *your support provides additional hours of respite care for Kayda* as needed.

"Her seizures come on quick and spur of the moment," Dave shares. "They can last up to 12 minutes." The intensity and severity of Kayda's seizures means that Dave cannot easily take Kayda with him to run errands.

Last year when Dave had to take his car to the repair shop and then attend a medical appointment, your support allowed Kayda to be in the care of her Pediatric Home Connection nurse. In those few hours, Kayda had the clinical and compassionate care that she needed, and Dave had peace of mind as he took time to take care of himself - thanks to your contributions!

Pictured are Pediatric Home Connection nurse Cindy Hinkle with patient Kayda Hinsch and her dad Dave Hinsch.



LEXINGTON CLUBHOUSE

Gym Memberships Enable Members to Improve Overall Health

For Lexington Clubhouse members who are mental health clients engaged in work opportunities, access to a local gym is a privilege that is not taken lightly.

Members have been able to achieve their wellness goals through *your support providing scholarship memberships to the KNY Fitness Center*, conveniently located across the street from Clubhouse.

Member Darlene Wagner shares with appreciation that being able to ride the stationary bike helps her to get exercise and move her muscles: "I have trouble with my back and neck, and I feel better now!"

As Psychiatric Rehab Specialist April Stombaugh explains, improving physical health is vital to each member's overall well-being.

"Physical and mental health go hand-in-hand," she says. Regular wellness meetings provide educational opportunities about the importance of healthy eating and exercise. Your support enables members to take action at the local fitness center and positively impact all facets of their health.

Pictured from left are Lexington Clubhouse members Tasha Englert, Darlene Wagner, and Ivana Magill at KNY Fitness Center.

AWARDED MISSION GRANTS 2017/2018 CONTINUED

LEXINGTON HOUSE

Psychiatric rehabilitation program (Clubhouse) providing meaningful work opportunities for mental health clients

\$2,040 to support a wellness movement among Clubhouse members including memberships at a local gym and healthier food options in the Clubhouse Snack Shack outfitted with equipment donated by Sheetz, Inc. that is open to all members

ADULT BEHAVIORAL HEALTH SERVICES

Treating adults diagnosed with mental health disorder or co-occurring disorder

\$33,100 to provide the following:

- treatment through Center for Counseling or Drug & Alcohol Program for those who could not otherwise pay for services due to lack of insurance or high co-pays/deductibles
- funding for unexpected emergencies, household/personal hygiene products, clothing, and bus passes for clients to travel to program sites for services
- art therapy supplies, such as paints and clay, for creative expression and release

CHILDREN'S BEHAVIORAL HEALTH SERVICES

Serving children and adolescents who are diagnosed with a mental illness, such as post-traumatic stress disorder (PTSD), bipolar disorder, and attention deficit hyperactivity disorder (ADHD)

\$21,500 to provide the following:

- personal/hygiene products and other essential items for children and their families receiving mental health services
- access to community and school-based activities to promote active participation and positive interaction with others
- incentive prizes to reinforce positive behaviors through a rewards system
- financial assistance with travel/lodging expenses and gas cards for families whose children have critical medical needs and require out-of-area medical treatment
- rental of a van to transport school age youth to and from treatment throughout the summer when there is no other transportation option
- balanced and nutritious foods for the youth in the program while they are at the program and to take home for the weekend because these youth often have no food at home

EARLY INTERVENTION

Therapy-based program to help children ages 0-3 who are experiencing developmental delays

\$2,000 to provide the following:

- feeding equipment, communication boards, developmental/therapeutic materials
- creation of a free play group for Early Intervention toddlers and parents



FOUNDATION

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To make a gift today, please call or go online:

1.855.GIVE.HNA (1.855.448.3462) / www.homenursingagency.com

For more information about Foundation Mission Grants please contact: Kim Helsel, Director of Development/Marketing Communications, at 814.947.7024 or email foundation@homenursingagency.com

The official registration and financial information of Home Nursing Agency may be obtained from the Pennsylvania Department of State by calling toll-free, within Pennsylvania, 1-800-732-0999. Registration does not imply endorsement. If you would like to be removed from our mailing list please contact the Home Nursing Agency at 1-800-992-2554.